

FOREST PARK MIDDLE SCHOOL DISTRICT #91

Cross Country Schedule April & May 2018

◀ March	~ April 2018 ~						May ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4	5	6	7	
8	9 CC Meeting	10	11 CC Practice	12 CC Practice	13	14	
15	16 CC Practice	17 CC Meeting Forms/Guide- lines	18 CC Practice	19 CC Practice	20	21	
22	23 CC Meet @ Village Commons	24	25 CC Practice	26 CC Practice	27	28	
29	30 CC Practice	<p>Notes:</p> <p>Practices are one hour after school and end by 4 p.m.</p> <p>Meet locations: Behrens Park 439 N. Oaklawn Ave. Elmhurst, IL 60126</p> <p>Village Commons 2401 Des Plaines Ave. North Riverside, IL 60546</p> <p>Ehlert Park Congress Park Ave. Brookfield, IL 60513</p> <p>*Runners - on non-practice days/weekends you should go on a run to work towards a 2-3 mile run/jog. Grab your headphones and have a fun run!</p>					

◀ April	~ May 2018 ~						June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 <u>CC Meet</u> @ Village Commons	2 CC Practice	3 <u>CC Meet</u> @ Ehlert Park	4	5	
6	7 CC Practice	8 <u>CC Meet</u> @ FP Park District	9 CC Practice	10 <u>CC Meet</u> @ Village Commons	11	12	
13	14 CC Practice	15	16 <u>CC Meet</u> @ Behrens Park	17	18	19	
20	21 Athletic Awards @ FPMS 6:00 p.m.	22	23	24	25	26	
27	28	29	30	31	Notes: Meet location(s): Village Commons Behrens Park Ehlert Park Forest Park		

***Meet Start Time(s):**

Meets begin at 4 p.m. *HOWEVER*, depending on schools' dismissal and travel times, start times usually end up being between 4 - 4:10ish p.m. for the first group, then 4:45ish for the second group.