



March 26, 2021

Dear Parents and Guardians,

Next week is District 91's Spring Break. It has been a challenging stretch for everyone and time for a well-deserved break. I hope that all of you take time to relax and rejuvenate over break. With the lifting of restrictions in some places as the world begins to open up again, some of you may be planning to travel over break. If you are planning to travel, I encourage you to follow these guidelines provided by the Center for Disease Control (CDC):

If you are eligible, get fully vaccinated for COVID-19.

- Before you travel, get tested with a viral test 1-3 days before your trip.
- Wear a mask over your nose and mouth when in public.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you.
- Get tested 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative. If you do not get tested, stay home and self-quarantine for 10 days after travel.
- Follow all [state and local](#) recommendations or requirements after travel.

We know how important family time is and how much everyone needs some normalcy after such trying times. As you prepare for Spring Break, we want you to have the latest information to help you make informed decisions for your family.

Immediately following Spring Break, we will welcome more students back to in-person instruction. We are planning to welcome them back on Wednesday, April 7, 2021. Please keep in mind that this date could change if the infection rate spikes due to the increased COVID risk associated with travel and we must take an adaptive pause. I will let the community know as soon as possible if this occurs. However, I do not predict that it will. I am confident that the Forest Park Community will follow CDC guidelines and act responsibly.

Have a safe and enjoyable Spring Break!

Lou Cavallo